

# TIME TRIAL CIRCUIT

"Challenging, fan-friendly inner-city Individual Time Trial course."

Detailed interactive maps available at [Richmond2015.com](http://Richmond2015.com).

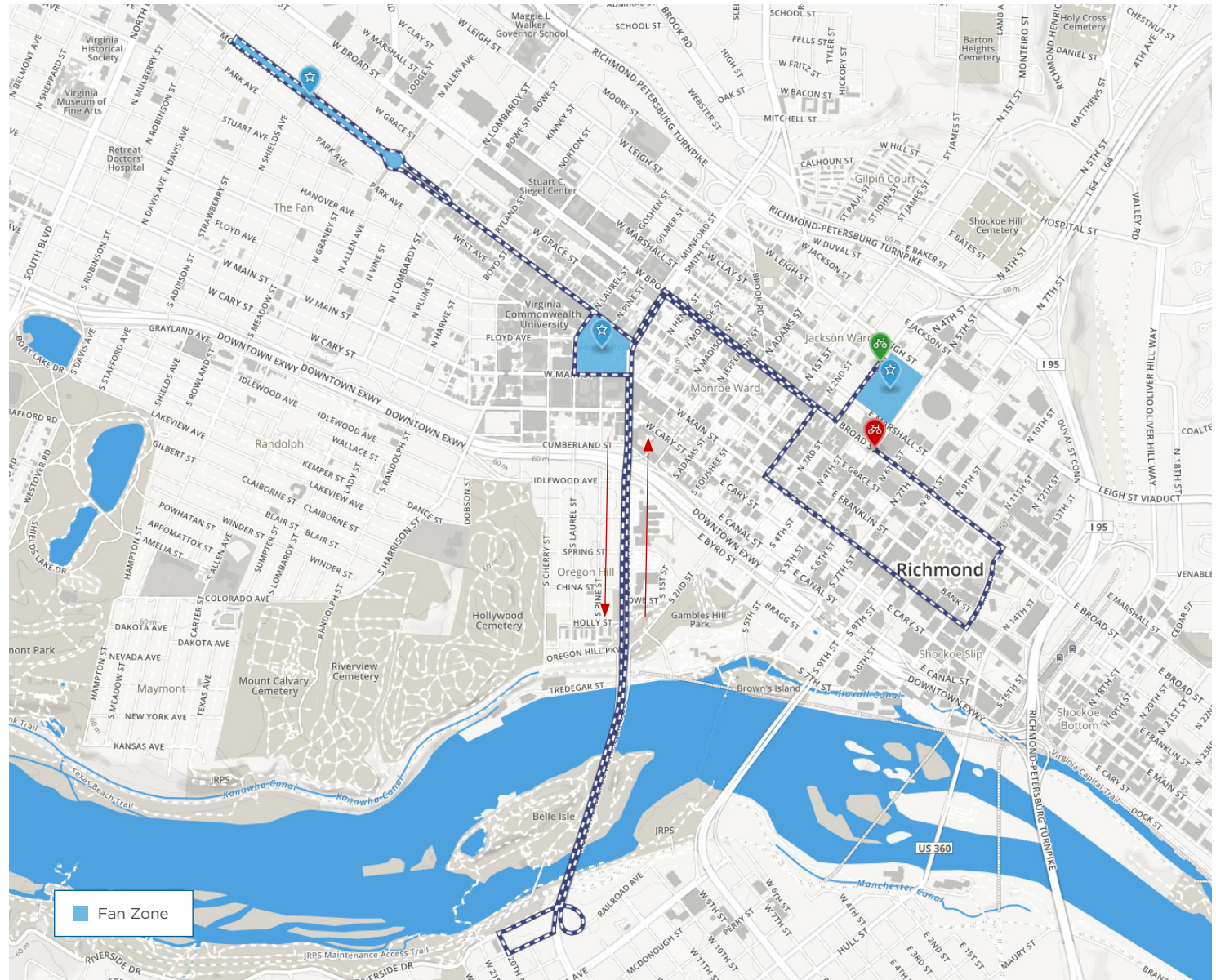
## ABOUT THE COURSE

In 2015, Elite Women, U23 Men and Junior Men & Women will compete for the Individual Time Trial championships on a technical course that winds through the city of Richmond.

Racers will head west from downtown to Monument Avenue, a paver-lined historic boulevard that's been named one of the "10 Great Streets in America." From there, the course makes a 180-degree turn and continues in the opposite direction. The race then cuts through the Uptown district before coming back through Virginia Commonwealth University and then crossing the James River.

After a technical turnaround, the race comes back across the James and works its way through downtown Richmond, eventually heading up the 300-meter-long climb on Governor Street. At the top, riders will face a false flat 680 meters to the finish.

Elite Women, U23 Men and Junior Men will each complete two laps of the circuit, and Junior Women will complete one lap.



**15 KM  
(9.3 MI)**

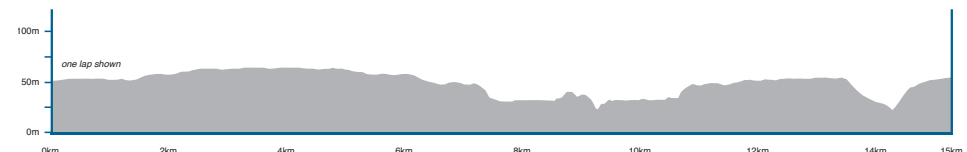
Lap Distance

**30 KM  
(18.6 MI)**

Race Distance

**96 M  
(316 FT)**

Elevation Change





# SEPTEMBER 2015

■ TEAM TIME TRIAL  
 ■ TIME TRIAL CIRCUIT  
 ■ MEN'S ELITE TIME TRIAL  
 ■ ROAD CIRCUIT

Finish times indicated are approximate.

<b>19</b> <span style="color: green;">■</span> <b>Team Time Trial Training</b> 9:00 a.m. – 12:00 p.m.	<b>Time Trial Training</b> 1:00 p.m. – 2:30 p.m.
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<b>20</b> <span style="color: green;">■</span> <b>Women's Team Time Trial</b> 11:30 a.m. – 12:55 p.m.	<span style="color: green;">■</span> <b>Men's Team Time Trial</b> 1:30 p.m. – 3:35 p.m.
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<b>21</b> <b>Women's Junior Time Trial</b> 10:00 a.m. – 11:10 a.m.	<b>Men's Under 23 Time Trial</b> 11:30 a.m. – 3:50 p.m.
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<b>22</b> <b>Men's Junior Time Trial</b> 9:30 a.m. – 1:05 p.m.	<b>Women's Elite Time Trial</b> 1:30 p.m. – 4:45 p.m.
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<b>23</b> <span style="color: yellow;">■</span> <b>Men's Elite Individual Time Trial</b> 1:00 p.m. – 3:35 p.m.
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<b>24</b> <span style="color: red;">■</span> <b>Road Circuit Training</b> 10:00 a.m. – 12:00 p.m.
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<b>25</b> <span style="color: red;">■</span> <b>Women's Junior Road Circuit</b> 10:00 a.m. – 11:50 a.m.	<span style="color: red;">■</span> <b>Conquer the Cobbles Ride</b> 7:00 p.m. – 9:00 p.m.
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<span style="color: red;">■</span> <b>Men's Under 23 Road Circuit</b> 12:45 p.m. – 4:50 p.m.
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<b>26</b> <span style="color: red;">■</span> <b>Men's Junior Road Circuit</b> 9:00 a.m. – 12:15 p.m.	<span style="color: red;">■</span> <b>Women's Elite Road Circuit</b> 1:00 p.m. – 4:25 p.m.
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<b>27</b> <span style="color: red;">■</span> <b>Men's Elite Road Circuit</b> 9:00 a.m. – 3:40 p.m.
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